

ND Matters Ambassador Information Pack

About ND Matters

ND Matters CIC is a not-for-profit organisation run by and for neurodivergent people.

We provide practical support, training, and community spaces for autistic and ADHD adults to help them understand themselves, connect with others, and live more confidently.

Our work includes:

- Post-diagnostic support - small group workshops and 1-1 mentoring
- The HUB – Our monthly online community space,
- Creative community events such as ND-Sounds
- Talks, Workplace training and awareness sessions

We believe in real, lived-experience support, and that's where our ambassadors come in.

What is an ND Matters Ambassador?

Ambassadors are people who care about neurodiversity and want to help more adults access our work.

They use their voice, networks, and creativity to raise awareness of ND Matters and to support fundraising that keeps our workshops and community activities accessible.

There's no set time commitment, we simply ask that ambassadors share our values and help spread the word in ways that feel natural to them.



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What Ambassadors Can Do:

- Share ND Matters campaigns and updates on social media.
- Encourage others to donate or take part in fundraising challenges (ND Champions).
- Attend or support at community events like ND-Sounds or The HUB walks.
- Introduce ND Matters to potential partners, workplaces, or local venues.
- Represent ND Matters positively within their own communities.

Optional extras (for those who want to do more):

- Run a personal fundraiser once a year.
- Help with one outreach project (e.g. blog post, video, or Q&A).

What Ambassadors Receive

- Recognition on our website and social media.
- An ND Matters tote bag or T-shirt.
- Updates on projects and upcoming events.
- The chance to be part of a supportive community that's making a difference.

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Why It Matters

Many autistic and ADHD adults face barriers to employment and financial independence, making it difficult to access post-diagnostic support.

By raising awareness and funds, our ambassadors help us keep our sessions low-cost or free, ensuring everyone can find connection, understanding, and a sense of belonging.

How to Get Involved

If you'd like to become an ND Matters Ambassador:

1. Get in touch at info@ndmatters.com or via our website www.ndmatters.com.
2. We'll send you a short welcome form to tell us a bit about yourself.
3. You'll receive your ND Matters tote bag or T-shirt and some simple ways to get started.

Together, we can make a difference for neurodivergent adults across the UK.

